



MONDAY

Court A	6:00am - 7:15am	Basic Training	Adult Open Basketball	6:15am - 7:15am	Court B
	7:15am - 9:00am	Family Open Gym	Adult Open Basketball	7:15am - 9:00am	
	9:00am - 10:00am	Keeping Fit	Family Open Gym	9:15am - 10:00am	
	10:00am - 10:30pm	Live Y'ers Preschool	Family Open Gym	10:00am - 12:15pm	
	10:30pm - 11:30am	Open Gym	Mini Sports (3-5 yr)	12:30pm - 1:15pm	
	11:30am - 2:30pm	Open Gym	Super Sports (4-6 yr)	1:45pm - 2:30pm	
	2:30pm - 3:00pm	Live Y'ers Preschool	Open Gym	2:30pm - 4:00pm	
	3:00pm - 4:30pm	Open Gym	Super Sports (8-10 yr)	4:00pm - 5:00pm	
	4:30pm - 5:30pm	Live Y'ers Afterschool Program	Open Gym	5:00pm - 6:15pm	
	5:30pm - 6:15pm	Open Gym	Open Gym		
6:15pm - 10:30pm	WSBL Men's Basketball League	WSBL Men's Basketball League	6:15 pm - 10:30pm		

TUESDAY

Court A	5:45 am - 9:00am	Open Basketball	Adult Open Basketball	5:45 am - 9:00am	Court B
	9:00am - 12:00pm	Rashi School	Rashi School	9:00am-12:00pm	
	12:00pm - 1:45pm	Open Gym	Open Gym	12:00 pm - 1:45pm	
	1:45pm - 2:30pm	Open Gym	Hoop School (4-6 years)	1:45pm - 2:30pm	
	2:30pm - 3:15pm	Live Y'ers Afterschool Program	Live Y'ers Preschool	2:30pm - 3:15pm	
	3:15pm-4:00pm	Open Gym	Hoop School (5-7 years)	3:15pm-4:00pm	
	4:00pm - 5:00pm	Hoop School (7-9 years)	Hoop School (7-9 years)	4:00pm - 5:00pm	
	5:00pm - 6:15pm	Open Gym	Hoop School (8-10 years)	5:00pm - 6:15pm	
	6:15 pm - 10:30 pm	WSBL Men's Basketball League	WSBL Men's Basketball League	6:15 pm - 10:30pm	

WEDNESDAY

Court A	5:45 am - 9:00 am	Adult Open Basketball	Adult Open Basketball	5:45 am - 9:15 am	Court B
	9:00am - 10:00am	Keeping Fit	Family Open Gym	9:15am - 10:00am	
	10:00am - 10:30am	Live Y'ers Preschool	Family Open Gym	10:00am - 11:00am	
	10:30am - 11:15am	Toddler Tennis (4-6 years)	Open Gym	10:30am - 11:15am	
	11:30pm - 2:30pm	Open Gym	Winter Weight Loss Challenge	11:00pm - 11:45pm	
	2:30pm 3:15pm	Live Y'ers Preschool	Open Gym	2:30pm 3:30pm	
	3:30pm - 4:15pm	Recess (K & Grade 1)	Recess (Grade 2 & 3)	3:30pm-4:15pm	
	4:15pm - 5:30pm	Live Y'ers Afterschool Program	Open Gym	4:15pm - 5:00pm	
	5:30pm - 6:15pm	Open Gym	Open Gym	5:30pm - 6:15pm	
	6:15 pm - 10:30 pm	WSBL Men's Basketball League	WSBL Men's Basketball League	6:15 pm - 10:30pm	

THURSDAY

Court A	6:15am - 7:15am	Basic Training	Adult Open Basketball	6:15am - 7:15am	Court B
	7:15am - 9:00am	Adult Open Basketball	Family Open Gym	7:15am - 9:00am	
	9:00am - 10:00am	Zumba	Family Open Gym	9:00am - 10:00am	
	10:30am - 11:30am	Toddler Tennis (4-6 years)	Open Gym	10:30am - 11:30am	
	11:30am - 12:00pm	Live Y'ers Preschool	Open Gym	11:30am - 12:30pm	
	12:00pm - 1:30pm	Open Gym	Open Gym	12:30pm - 1:30pm	
	1:30pm - 2:30pm	Snag Golf / Tennis (4-6 years)	James Bede Soccer Fun School - 4 years	1:45pm - 2:30pm	
	2:30pm-3:30pm	Live Y'ers Preschool	Open Gym	2:30pm-3:15pm	
	3:30pm - 4:30pm	Open Gym	Open Gym	3:15pm - 4:00pm	
	4:30pm - 5:30pm	Live Y'ers Afterschool Program	Youth Indoor Tennis (6-8 years)	4:00pm - 5:00pm	
5:30pm - 6:30pm	Open Gym	Open Gym	5:30pm - 6:30pm		
6:30 pm - 10:30 pm	WSBL Men's Basketball League	WSBL Men's Basketball League	6:30pm - 10:30pm		

FRIDAY

Court A	5:45 am - 9:00am	Adult Open Basketball	Adult Open Basketball	5:45 am - 9:15am	Court B
	9:00 am - 10:00am	Keeping Fit	Live Y'ers Preschool	9:30am - 10:00am	
	10:00 am - 1:00 pm	Rashi School	Rashi School	10:00 am - 1:00pm	
	1:00pm-2:30pm	Open Gym	Open Gym	1:00pm-2:30pm	
	2:30pm - 3:00pm	Live Y'ers Preschool	Open Gym	2:30pm - 3:30pm	
	3:30pm - 4:15pm	Recess (K & Grade 1)	Recess (Grade 2 & 3)	3:30pm-4:15pm	
	4:15pm - 5:30pm	Live Y'ers Afterschool Program	Open Gym	4:15pm - 5:00pm	
	5:30pm - 6:30pm	Open Gym	Open Gym	5:15pm - 6:30pm	
	6:30pm - 7:30pm	Open Gym	Table Tennis	7:15pm - 10:30pm	
	7:30pm - 9:50pm	Open Gym			

SATURDAY

A	7:00am - 9:00am	Open Gym	Winter Weight Loss Challenge	8:00am - 8:45am	B
	9:00am - 6:00pm	YBA	YBA	9:00am - 6:00pm	
	6:00pm - 7:00pm	Open Gym	Open Gym	6:00pm - 7:00pm	

SUNDAY

A	7:00am - 10:00am	Open Gym	Open Gym	7:00 am - 10:00am	B
	9:30am - 1:00pm	Open Gym	Sports Parties or Open Gym	10:00am - 1:00pm	
	1:00pm - 4:00pm	YBA	Sports Parties or Open Gym	1:00pm - 5:00pm	
	4:00pm-7:00pm	Open Gym	Softball Clinics	5:00pm-7:00pm	

Indoor Track Schedule

Track	Indoor Track Is Open To All Members & Guests, But Reserved For YMCA Programs During These Times :			Track
	6:00am - 10:00pm	Mondays 3:30pm - 4:30pm Tuesdays 9:00am-12:00pm Wednesdays 3:30pm - 4:30pm Thursdays 4:00pm-5:00pm Fridays 10:00am-11:30am and 3:30pm-4:30pm		

In the case of inclement weather, scheduled YMCA programs get priority use of the gymnasium

SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE

YMCA Program
 Open Gym
 School Rental
 Drop-In Program
 Sports Program